

Vermont Mental Health Performance Indicator Project

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MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani
Janet Bramley

DATE: January 4, 2002

RE: More on Adult Outpatient Programs

On December 7, we distributed a report on Adult Mental Health Outpatient Program (AOP) utilization rates for 1999 through 2001 (<http://www.state.vt.us/dmh/Data/PIPs/2001/pip120701.pdf>). This analysis indicated that AOP utilization for the state, as a whole, was constant over the past three years at about 1.6% of all adult residents of the state. This overall rate, however, masked substantial variation among regions of the state.

A number of readers commented on this report and suggested further analyses that could help explain these observations. One reader (Michael Hartman at WCMHS) suggested that we look at units of service to determine if there was a trend toward fewer services per client. A second reader (David O'Brien at UCS) suggested that we look at the age of people served to determine if an increase in services to older adults under the new Elder Care initiative was masking a decrease in service to younger adults. The results of these two analyses are attached.

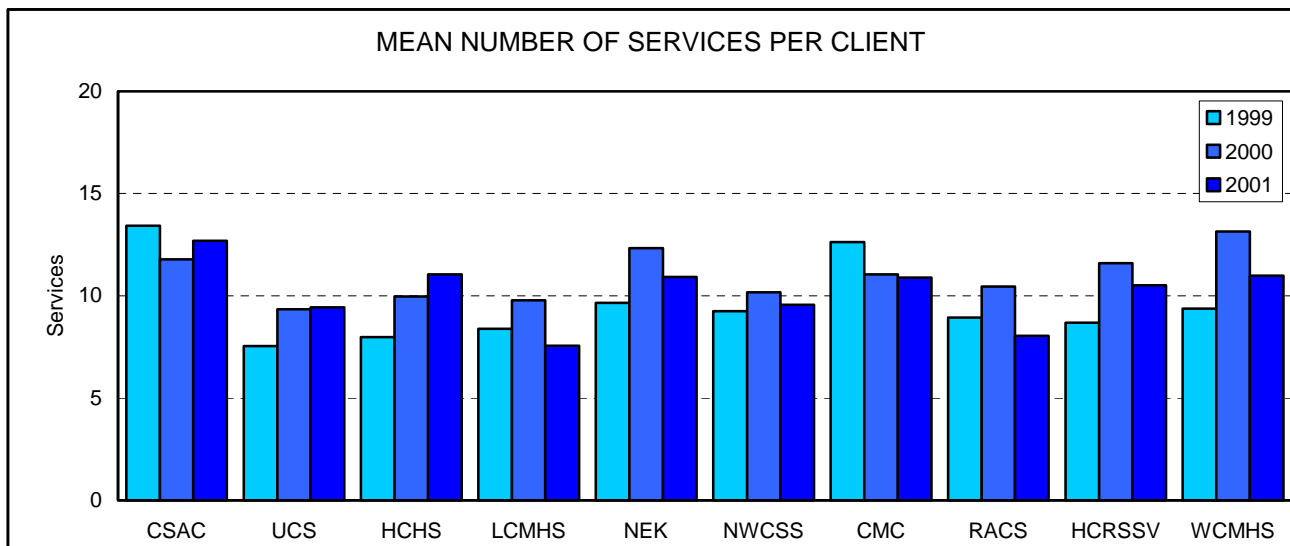
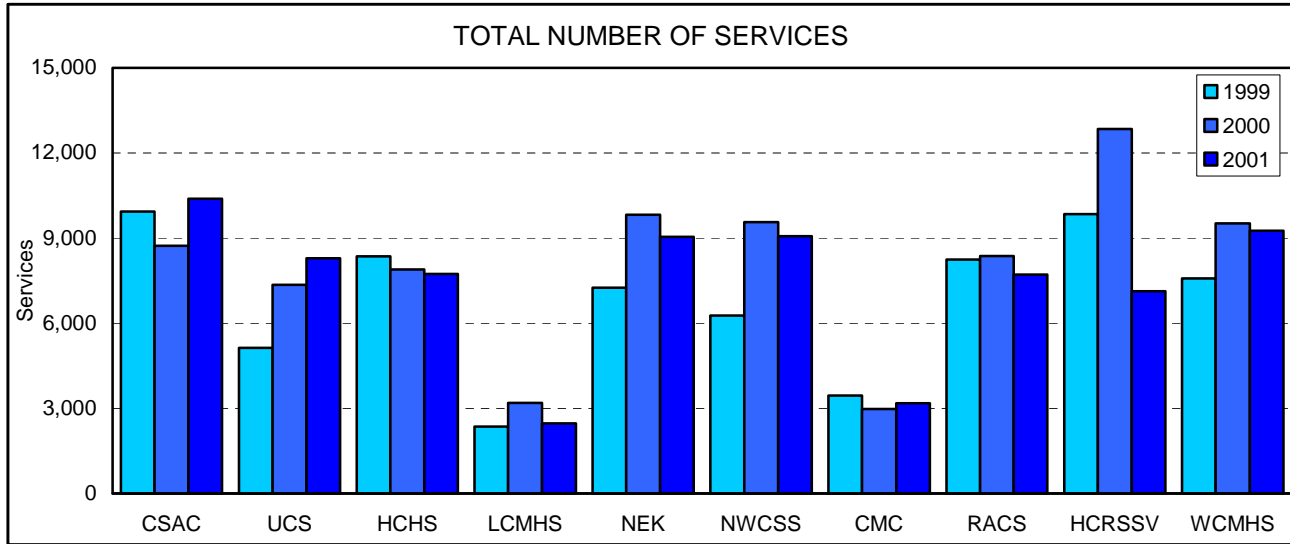
In terms of service utilization, there was little change in the number of services per client during these three years (9.4 in 1999; 10.2 in 2001). The program with the greatest increase in people served (Northwestern) had very little change in services per clients (from 9.2 to 9.6). The program with the second highest increase in clients served (Bennington) had a substantial increase in services per clients (from 7.5 to 9.4). The program with the greatest decrease in the number of people served (Southeast) increased slightly in services per client (from 8.7 to 9.5). The program with the second highest decrease in the number of people served (Chittenden) had increased services per client (from 8.0 to 11.1).

In terms of age, the number of people 50 years of age and older who were served by AOP programs increased by 15% between 1999 and 2001, while the number of people under 50 years of age decreased by 5%. The two providers with the greatest overall caseload increase had caseload increases in both age groups. The two providers with the greatest overall caseload decrease had caseload decreases in both age groups.

Although the results are not as expected, both sets of analysis have added to our understanding of the changes occurring in AOP programs. We plan to add FY 2002 to these analyses when the data become available. We will appreciate your comments and suggestions for future indicators of the functioning and performance of Adult Mental Health Outpatient programs. As always, please address your suggestions to jpandiani@ddmhs.state.vt.us or 802-241-2638.

ADULT OUTPATIENT PROGRAMS

PEOPLE SERVED: TOTAL AND SERVICES PER CLIENT: FY 1999-2001

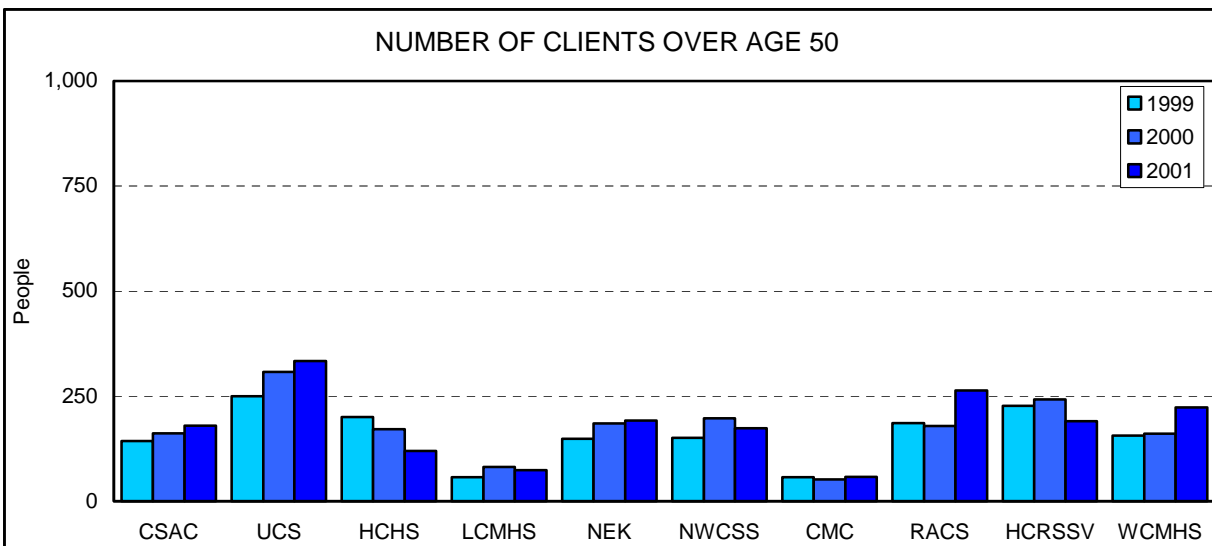
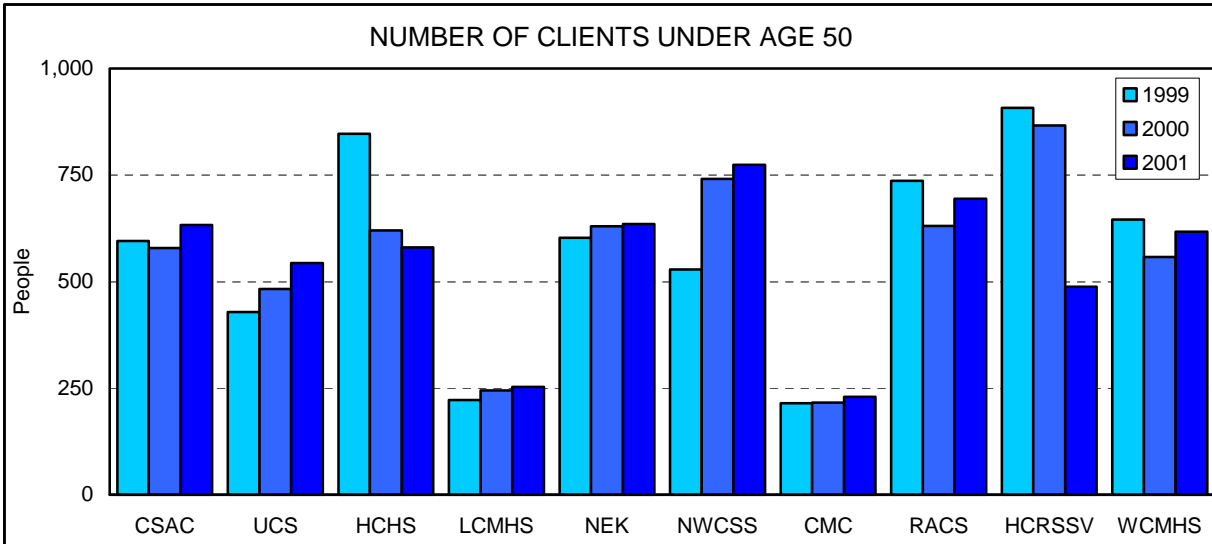


Region/Provider	Total People Served			Total Number of Services			Mean Number of Services Per Client		
	1999	2000	2001	1999	2000	2001	1999	2000	2001
Addison - CSAC	739	741	818	9,931	8,730	10,386	13.4	11.8	12.7
Bennington - UCS	681	787	878	5,133	7,354	8,291	7.5	9.3	9.4
Chittenden - HCHS	1,047	792	700	8,352	7,893	7,736	8.0	10.0	11.1
Lamoille - LCMHS	281	326	327	2,356	3,186	2,469	8.4	9.8	7.6
Northeast - NEK	752	796	827	7,261	9,825	9,039	9.7	12.3	10.9
Northwest - NWCSS	679	940	948	6,276	9,561	9,066	9.2	10.2	9.6
Orange - CMC	273	269	291	3,447	2,973	3,171	12.6	11.1	10.9
Rutland - RACS	923	800	958	8,243	8,366	7,710	8.9	10.5	8.0
Southeast - HCRSSV	1,134	1,108	679	9,843	12,848	7,136	8.7	11.6	10.5
Washington - WCMHS	808	723	842	7,577	9,513	9,254	9.4	13.2	11.0
Total	7,317	7,282	7,268	68,419	80,249	74,258	9.4	11.0	10.2

Number of people served and service totals are based on monthly service reports submitted by Vermont's community service providers and includes people assigned to Adult Outpatient Programs during fiscal years 1999 through 2001. Individuals served by more than one agency are counted more than once.

ADULT OUTPATIENT PROGRAMS

PEOPLE SERVED: NUMBER OF OLDER AND YOUNGER CLIENTS: FY 1999-2001



Region/Provider	Clients Under Age 50			Clients Over Age 50		
	1999	2000	2001	1999	2000	2001
Addison - CSAC	595	579	633	144	162	180
Bennington - UCS	429	483	543	250	308	334
Chittenden - HCHS	847	620	580	200	172	120
Lamoille - LCMHS	222	245	253	57	82	74
Northeast - NEK	603	630	635	149	185	192
Northwest - NWCSS	528	741	774	151	197	174
Orange - CMC	215	216	230	57	52	58
Rutland - RACS	736	631	694	186	179	264
Southeast - HCRSSV	907	866	488	227	242	190
Washington - WCMHS	646	558	617	157	161	223
Total	5,728	5,569	5,447	1,578	1,740	1,809

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